



### What's it like to be in Foster Care?

*"It was scary. I went to live with a family I didn't know. They were nice to me, but I missed my mom like crazy. I felt alone, wondering Why?"*

In the US, there are 430,000 children in foster care. Children who have been removed from their homes experience trauma, anxiety, and loss.

### How do we help?

Fostering Great Ideas is a non-profit that works with children, families, and the community to improve the experience and outcomes of children in foster care.



[fgi4kids.org](http://fgi4kids.org)



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